

## Asst. Prof. ESRA USLU

### Personal Information

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### Education Information

Doctorate, Akdeniz University, Institute Of Health Sciences , Psikiyatri Hemşireliği (Dr), Turkey 2012 - 2017

Postgraduate, Akdeniz University, Institute Of Health Sciences , Ruh Sağlığı Ve Psikiyatri Hemşireliği (YI) (Tezli), Turkey 2008 - 2011

Undergraduate, Akdeniz University, Antalya Sağlık Yüksekokulu, Hemşirelik Bölümü, Turkey 2003 - 2007

### Foreign Languages

English, B1 Intermediate

### Dissertations

Doctorate, Telefonla problem çözme müdahalesinin şizofreni tanılı bireylerin ilaç tedavisine uyumuna etkisi, Akdeniz University, Sağlık Bilimleri Enstitüsü, Psikiyatri Hemşireliği (Dr), 2017

Postgraduate, Hemşireler için web tabanlı iletişim eğitimi programının hazırlanması ve kullanımının değerlendirilmesi, Akdeniz University, Sağlık Bilimleri Enstitüsü, Ruh Sağlığı Ve Psikiyatri Hemşireliği (YI) (Tezli), 2011

### Academic Titles / Tasks

Lecturer, Selcuk University, Akşehir Kadir Yallagöz Health Academy, Department Of Nursing, 2012 - 2017

Research Assistant, Selcuk University, Akşehir Kadir Yallagöz Health Academy, Department Of Nursing, 2011 - 2012

### Courses

Ruh Sağlığı, Undergraduate, 2017 - 2018

Kişilerarası İlişkiler, Undergraduate, 2017 - 2018

Ruh Sağlığı ve Psikiyatri Hemşireliği I, Postgraduate, 2017 - 2018

Akl Sağlığı Ve Psikiyatri Hemşireliği, Undergraduate, 2017 - 2018

Hasta Hemşire İlişkilerinde İletişim Becerileri Geliştirme I, Postgraduate, 2017 - 2018

### Published journal articles indexed by SCI, SSCI, and AHCI

1. **The relationship between mental health literacy and community attitudes towards mental illness: is myths about schizophrenia a mediator?**

Peşkirci T, USLU E.

Current Psychology, vol.43, no.39, pp.30519-30530, 2024 (SSCI)

- II. **The relationship between chronotype and mental toughness in adolescents: Is resilience a mediator?**  
USLU E., Özdemir H. Ç., Peşkirici T.  
Archives de Pediatrie, vol.31, no.7, pp.446-450, 2024 (SCI-Expanded)
- III. **Patient perspectives about multiple sclerosis: A metaphor study**  
USLU E., ÖZSABAN A., Ocak Ş., BAYRAM A., Demir S.  
Journal of Evaluation in Clinical Practice, vol.30, no.4, pp.687-692, 2024 (SCI-Expanded)
- IV. **Schizophrenia and medication adherence: Associated factors**  
Karabulut B., Uslu E.  
ARCHIVES OF PSYCHIATRIC NURSING, vol.49, pp.47-54, 2024 (SCI-Expanded)
- V. **YouTube Videos Are a Moderately Comprehensive, Reliable, and Quality Option to Learn About "Multiple Sclerosis and Sexuality"**  
USLU E., Kendirkiran G., Yildirim N.  
International Journal of Sexual Health, vol.36, no.3, pp.406-414, 2024 (SSCI)
- VI. **Addiction in breastfeeding mothers: a bibliometric analysis**  
ÇAKIRLI M., USLU E., AÇIKGÖZ A.  
Journal of Substance Use, 2024 (SSCI)
- VII. **The Other Side of the Coin: Individuals Diagnosed with Schizophrenia as Victims of Crime and Violence**  
USLU E., MAVİŞ V.  
JOURNAL OF FORENSIC PSYCHOLOGY RESEARCH AND PRACTICE, vol.24, no.3, pp.269-279, 2024 (SSCI)
- VIII. **The gray zone of patient-nurse communication: Inappropriate sexual behavior**  
USLU E., BULDUKOĞLU K.  
PERSPECTIVES IN PSYCHIATRIC CARE, vol.57, no.2, pp.948-952, 2021 (SCI-Expanded)
- IX. **Randomized controlled trial of the effects of nursing care based on a telephone intervention for medication adherence in schizophrenia**  
USLU E., BULDUKOĞLU K.  
PERSPECTIVES IN PSYCHIATRIC CARE, vol.56, no.1, pp.63-71, 2020 (SCI-Expanded)

## Articles Published in Other Journals

- I. **Pregabalin Addiction: A Bibliometric Analysis**  
SAK F. G., USLU E.  
Bağımlılık Dergisi, vol.25, no.3, pp.225-234, 2024 (Peer-Reviewed Journal)
- II. **Nurses' Perception of Therapeutic Communication: A Metaphor Study**  
USLU E., PEŞKİRCİ T., ÖZSABAN A., KENDIRKIRAN G.  
Genel Tıp Dergisi, vol.34, no.3, pp.380-385, 2024 (Peer-Reviewed Journal)
- III. **Wondering About Multiple Sclerosis: Google Trends Data**  
USLU E., Yıldırım N.  
Gümüşhane Üniversitesi Sağlık Bilimleri Dergisi, vol.13, no.2, pp.736-742, 2024 (Peer-Reviewed Journal)
- IV. **Evaluation of Suicide in Nursing Students from The Perspective of Meaning of Life and Hope Hemşirelik Öğrencilerinde İntiharın Yaşamda Anlam ve Umut Perspektifinde İncelenmesi**  
Çetin N., USLU E., Kendirkiran G.  
Journal of Nursology, vol.27, no.2, pp.111-119, 2024 (Scopus)
- V. **The Sense of Belonging in Nursing School Scale: Turkish Validity and Reliability Study: Methodological Study**  
Pamuk Cebeci S., USLU E.  
Türkiye Klinikleri Hemşirelik Bilimleri Dergisi, vol.16, no.2, pp.413-420, 2024 (Peer-Reviewed Journal)
- VI. **The importance of mental health variables for life expectancy by entropy weighting method: a case of OECD countries**

USLU E., YEŞİLAYDIN G.

JOURNAL OF PSYCHIATRIC NURSING, vol.14, no.1, pp.9-14, 2023 (ESCI)

- VII. **Turkish adaptation of the verbal and social interaction Questionnaire for nursing students: a validity and reliability study**  
ÖZSABAN A., USLU E.  
JOURNAL OF PSYCHIATRIC NURSING, vol.14, no.1, pp.1-8, 2023 (ESCI)
- VIII. **Social Jetlag and Its Effects on Adolescent Mental Health**  
Celik H., USLU E.  
JOURNAL OF TURKISH SLEEP MEDICINE-TURK UYKU TBB DERGISI, vol.9, no.2, pp.89-94, 2022 (ESCI)
- IX. **The relationship between life expectancy and mental health systems in European countries**  
YEŞİLAYDIN G., USLU E.  
Journal of Psychiatric Nursing, vol.13, no.3, pp.199-204, 2022 (ESCI)
- X. **Social Jetlag in adolescents: From a nursing perspective**  
USLU E., ÖZSABAN A., ÇAĞAN Ö.  
Journal of Child and Adolescent Psychiatric Nursing, vol.34, no.4, pp.276-282, 2021 (ESCI)
- XI. **Parmak Ucundaki Bakım: Mobil Uygulama ve Şizofrenide Kullanımı**  
Çetinkaya B., USLU E.  
Acıbadem Üniversitesi Sağlık Bilimleri Dergisi, vol.11, no.4, pp.574-581, 2020 (Peer-Reviewed Journal)
- XII. **A telenursing practice for care of people with schizophrenia: Telephone intervention problem solving**  
USLU E., BULDUKOĞLU K., Beebe L. H.  
JOURNAL OF PSYCHIATRIC NURSING, vol.10, no.2, pp.131-136, 2019 (ESCI)
- XIII. **Hemşirelik öğrencilerinin cinsel sağlık bakımı vermeye ilişkin tutum ve inançları**  
AKER M. N., USLU E., TUNÇ TUNA P., MOLU B.  
Ankara Sağlık Bilimleri Dergisi, vol.7, no.1, pp.41-49, 2018 (Peer-Reviewed Journal)
- XIV. **Şizofrenide ilaç tedavisine uyum ve psikiyatri hemşiresinin rolü**  
USLU E., BULDUKOĞLU K.  
Ankara Sağlık Bilimleri Dergisi, vol.7, no.1, pp.61-72, 2018 (Peer-Reviewed Journal)
- XV. **ERKEKLERE YÖNELİK MODERN KONTRASEPTİF YÖNTEMLERİN ÇİFTLERİN CİNSEL DOYUMU ÜZERİNE ETKİSİ: SİSTEMATİK DERLEME**  
İNFAL KESİM S., AKER M. N., USLU E.  
Ankara Sağlık Bilimleri Dergisi, vol.6, pp.23-36, 2017 (Peer-Reviewed Journal)
- XVI. **Psikiyatri Hemşireliğinde Şefkat Yorgunluğu: Sistemantik Derleme**  
USLU E., BULDUKOĞLU K.  
Psikiyatride Guncel Yaklasimler - Current Approaches in Psychiatry, vol.9, no.2, pp.421, 2017 (Peer-Reviewed Journal)
- XVII. **İNTESTİNAL STOMANIN CİNSEL YAŞAM ÜZERİNE ETKİSİ: SİSTEMATİK DERLEME**  
TUNÇ TUNA P., USLU E., KURŞUN Ş.  
Gümüşhane Üniversitesi Sosyal Bilimler Enstitüsü Elektronik Dergisi, vol.6, no.2, pp.113-121, 2017 (Peer-Reviewed Journal)
- XVIII. **Effect of PLISSIT Model on Solution of Sexual Problems**  
USLU E., İNFAL S., AKER M. N.  
Psikiyatride Guncel Yaklasimler - Current Approaches in Psychiatry, vol.8, no.1, pp.52-63, 2016 (Peer-Reviewed Journal)
- XIX. **The usability and effectiveness of a web based nurse patient communication training program**  
USLU E., BULDUKOĞLU K., ZAYİM N.  
Innovational Journal of Nursing and Healthcare, vol.1, no.2, pp.139-145, 2015 (Peer-Reviewed Journal)
- XX. **Nursing informatics in nursing education**  
AKER M. N., USLU E., YILDIRIM A.  
Innovational Journal of Nursing and Healthcare, vol.1, no.1, pp.123-127, 2015 (Peer-Reviewed Journal)

## Refereed Congress / Symposium Publications in Proceedings

- I. **THE EXAMINATION OF THE RELATIONSHIP BETWEEN THE CAREGIVER BURDEN OF PARENTS OF CHILDREN WITH AUTISM AND THEIR RELIGIOUS COPING MECHANISMS**  
ÇAKIRLI M., AÇIKGÖZ A., UYSAL G., USLU E.  
VIII. INTERNATIONAL SCIENTIFIC RESEARCH CONGRESS, Cyprus (Kktc), 28 - 30 November 2024
- II. **Parmak Ucundaki Bakım: Mobil Uygulama ve Şizofrenide Kullanımı**  
ÇETİNKAYA B., USLU E.  
I. Ulusal Dijital Hemşirelik Kongresi, Turkey, 29 February - 01 March 2020
- III. **TELEFON TEMELLİ HEMŞİRELİK MÜDAHALESİNİN ŞİZOFRENİ HASTALARININ İLAÇ TEDAVİSİ UYUMUNA ETKİSİ**  
USLU E., BULDUKOĞLU K.  
V. Uluslararası IX. Ulusal Psikiyatri Hemşireliği Kongresi, Antalya, Turkey, 20 - 23 November 2018
- IV. **ŞİZOFRENİ HASTALARININ BAKIMINAYÖNELİK BİR TELE HEMŞİRELİKUYGULAMASI: TELEFONLA PROBLEM ÇÖZMEMÜDAHALESİ**  
USLU E., BULDUKOĞLU K.  
1st INTERNATIONAL HEALTH SCIENCE and LIFE CONGRESS (IHSLC 2018), Burdur, Turkey, 2 May - 05 July 2018
- V. **Yanık Yarasının İyileştirilmesinde Kullanılan Geleneksel Yöntemlerin İncelenmesi**  
TUNÇ TUNA P., MOLU B., TUNA H. İ., USLU E.  
1. Uluslararası 4. Ulusal Kültürler Arası Hemşirelik Kongresi, 21 - 24 October 2017
- VI. **YANIKLI BİREYLERDE ANKSİYETİYİ AZALTMAYAYÖNELİK UYGULANAN HEMŞİRELİKGİRİŞİMLERİNİN ETKİSİ**  
BAŞ M., TUNÇ TUNA P., TUNA H. İ., USLU E.  
5. Uluslararası 16. Ulusal Hemşirelik Kongresi, 5 - 08 November 2017
- VII. **Kullanılan aile planlaması yönteminin kadın cinsel yaşamı üzerine etkisi**  
AKER M. N., USLU E., İNFAL KESİM S.  
2. Uluslararası Kadın Çocuk Sağlığı ve Eğitimi Kongresi, 5 - 06 October 2017
- VIII. **FİTOTERAPİNİN POSTPARTUM DEPRESYON ÜZERİNE ETKİSİ**  
USLU E., AKER M. N.  
ULUSLARARASI TIBBİ VE AROMATİK BİTKİLER KONGRESİ, Konya, Turkey, 10 - 12 May 2017
- IX. **USE OF DECISION SUPPORT SYSTEMS IN NURSING FIELD TURKEY PROFILE**  
İNFAL KESİM S., USLU E., AKER M. N.  
Proceedings of the 22nd International Academic Conference, 22 - 25 March 2016
- X. **WEB BASED EDUCATION PRACTICES IN EDUCATION OF NURSING STUDENTS TURKEY PROFILE**  
AKER M. N., İNFAL KESİM S., USLU E.  
Proceedings of the 22nd International Academic Conference, Lizbon, Portugal, 22 - 25 March 2016
- XI. **IMPLICATIONS OF TELENURSING PRACTICES ON NURSING CARE TURKEY PROFILE**  
USLU E., AKER M. N., İNFAL KESİM S.  
Proceedings of the 22nd International Academic Conference, Lizbon, Portugal, 22 - 25 March 2016
- XII. **The effect of the PLISSIT model on solution of sexual problems of the people systematic review**  
USLU E., İNFAL S., AKER M. N.  
15th International Academic Conference, 14 - 17 April 2015
- XIII. **The effects of modern contraceptive methods for males on the sexual quality of life and sexual satisfaction systematic review**  
İNFAL S., AKER M. N., USLU E.  
15th International Academic Conference, 14 - 17 April 2015
- XIV. **Ethical impacts of tele nursing applications on the patient care**  
USLU E., ÖZTÜRK TÜRKMEN H.  
25th European Medical Informatics Conference, 31 August - 03 September 2014
- XV. **Web based training readiness and perceptions of nurses**  
USLU E., BULDUKOĞLU K., ZAYİM N.

MIE 2014, 31 August - 03 September 2014

**XVI. Nursing informatics in nursing education**

AKER M. N., USLU E., YILDIRIM A.

2nd Annual International Conference on Health & Medical Sciences, 4 - 08 May 2014

**XVII. Evidence based nursing practices**

YILDIRIM A., AKER M. N., USLU E.

2nd Annual International Conference on Health & Medical Sciences, 4 - 08 May 2014

**XVIII. Web based training programs in nursing education**

USLU E., YILDIRIM A., AKER M. N.

2nd Annual International Conference on Health & Medical Sciences, 4 - 08 May 2014

## **Metrics**

Publication: 48

## **Non Academic Experience**

Antalya Özel Andeva Yıldız Hastanesi

Antalya Özel Anadolu Hastanesi